

Online Course Catalogue



Course Title

Concepts of Resilience

Study Field

Generic programmes and qualifications

University

Åbo Akademi University

CHARM priority field

Sustainability and Climate Change;

Course code

SU00CP91

Faculty or department

Open University at ÅAU

Study Level:

BA/BSc

Number of credit points:

5

Name of instructor(s):

Edd, title of docent

Christin Furu and MSc

Johanna Fredenberg.

Short description of the course

The course explores the concept of resilience from a multisystemic and resource oriented perspective.

Full description of the course

<https://studiehandboken.abo.fi/sv/kurs/SU00CP91/28492?period=2022-2024>

Learning outcomes

At the end of the course, the learner will

- have obtained knowledge about the concept(s) of resilience
- have a deeper understanding for the meaning of resilience in various contexts
- have the ability to adopt a multisystemic perspective on resilience to wicked problems and sustainability challenges
- be able to implement resilience thinking and resilience supporting strategies in personal day to day life

Additional information

Course requirements
nan

Time zone
CET +1 (Finland)

Language of instruction
English

Mode of delivery:
fully online with all activities/materials asynchronously except for discussions online one afternoon every second week

Start date of course:
2/21/2024

Planned educational activities and teaching methods
lectures, group discussions, written assignments and personal reflections

End date of course:
4/30/2024

Learning Management System/
Moodle

Contact hours per week for the student:
2x 45 min every second week

Assessment methods **assignment**

certification **Transcript of records**

Specific regular weekly teaching day/time
Wed 16:00-17:30

Course literature (compulsory or recommended):
<https://ebookcentral.proquest.com/lib/abo-ebooks/detail.action?docID=6476769>

Number of places available for CHARM students **25**

Contact mail address for further information about this course **johanna.fredenberg@abo.fi**