

# Online Course Catalogue



## Course Title

**Sustainable Foodways**

## Study Field

**Arts and Humanities**

## University

**Åbo Akademi University**

CHARM priority field

[European values, culture and language;](#)

Faculty or department

[Open University at Åbo Akademi University](#)

Number of credit points:

5

Course code

[KA00CP97](#)

Study Level:

[BA/BSc](#)

Name of instructor(s):

[Karin Sandell](#)

## Short description of the course

The online course “Sustainable Foodways” focuses on the current trends in the Western society related to the production and consumption of food, and environmental concerns from a cultural science perspective.

## Full description of the course

<https://studiehandboken.abo.fi/en/course/KA00CP97/28616?period=2022-2024>

## Learning outcomes

After completing the course, students should be familiar with current trends related to food, environment, health, and basic concepts. Be able to describe and analyse lifestyle practices in everyday life from a cultural science perspective. Manage to create and problematise research material and reflect on their own part in the process.

## Additional information

Course requirements  
**nan**

Time zone  
**CET +1 (Finland)**

Language of instruction  
**English**

Mode of delivery:  
**fully online (all students participating online), no specific time (=asynchronous)**

Start date of course:  
**2024-11-03 00:00:00**

Planned educational activities and teaching methods  
**Independent work: instructional material, group discussions, self study material, different kind of written essays, literature as well as searching for material.**

End date of course:  
**2024-12-05 00:00:00**

Learning Management System/  
**Moodle**

Contact hours per week for the student:  
**nan**

Assessment methods  
**Essays and discussion assignments**

Specific regular weekly teaching day/time  
**nan**

certification  
**Transcript of records**

Course literature (compulsory or recommended):  
**Compulsory course literature will be available on the Moodle platform.**

Number of places available for CHARM students  
**25**

Contact mail address for further information about this course  
**katarina.humina@abo.fi**