

# euni well

European University for Well-Being

# EUniWell Research Training Academy

## Fostering Well-being Skills and Competencies for Early career and Mid-career Researchers

EUniWell - the European University for Well-Being - is a European University with a unique focus on well-being. The EUniWell Mission Statement commits the Alliance to pursue all missions of a university, including advancing research on well-being, while also promoting the well-being of students, academics, and all members of the university community. Promoting, developing and supporting our research communities - at all stages of career development - is therefore a key strategic ambition for EUniWell. We strengthen our Human Capital by equipping researchers with the needed skills and competencies to succeed in future-oriented careers within and outside of academia, and we do this with a particular focus on well-being.

The EUniWell Research Training Academy (RTA) is an initiative established within our EUniWell Horizon 2020 SwafS-supported #Research Project. The RTA coordinates and centralises the Alliance-wide training offers available for Researchers, including digital, hybrid and online offerings. The EUniWell Skills Taxonomy Study was used to identify and define needed well-being skills and to prioritise specific activities and training offers within the RTA. In this launch phase, the RTA is focused on training focused on two distinct cohorts: early career researchers and mid-career researchers moving into leadership positions.

Within the RTA Early Career Research and Talent Hub, EUniWell has launched a series of initiatives to strengthen the competencies and skills of young researchers. Examples include: Data Management and Communication Skills training workshops in conjunction with the June 2023 PhD Scientific Days Conference at Semmelweis University in Budapest; an initiative, in partnership with EUniWell Associated Partner VITAE, that provides access to a web-based tool allowing researchers to (1) assess their competencies level according to the VITAE Research Development Framework, and (2) identify the skills gaps and areas of interest for further development; and a train - the - trainers programme focused on FAIR data and Data stewardship developed with the EUniWell Open Science Working Group.



Scientific PhD Days in June 2023 at Semmelweis University (Budapest)

The flagship initiative of the RTA Research Leadership Hub is the Leadership Fellowship Scheme that targets mid-career researchers who are leading, or about to lead, research teams. In partnership with Onesome, EUniWell has launched this three-month leadership training programme that incorporates a strong focus on well-being both for leaders and team members. A central focus of the programme is to equip participants to become better supervisors and principal investigators, with the ability to effectively guide others in their research work and their professional development.



Kick-off meeting of the Leadership Fellowship Scheme at the University of Cologne in October 2023

**Scaling Up:** EUniWell identified young and mid-career researchers as its initial target groups of the Research Training Academy in the framework of the EUniWell #Research Project. Going forward, this initiative will be scaled up and the target audience broadened to include students and staff members, and potentially external stakeholders including Associated Partners. EUniWell is committed to developing and delivering an extensive training programme incorporating a well-being focus that is broadly available to member institutions.

EUniWell #Research

